

## **SURGICAL EYE CAMP AT DOLAKHA – SERVICE REPORT:**

Location : Dolakha Lions Primary Eye Care Center Dolakha

Period : 18 Nov 2008 – 20 Nov 2008

Service Record : OPD : 492, 56% female  
Surgery: 92 in total (cataract surgeries 85 & minor 7).

Staff from LEI & Seva : Clinical / Medical:  
Dr. R. Byainju  
Mr. Suresh Shrestha Mr. Santosh Gautam  
Mr. Samim Khan Mr. Santosh Ghimire  
Ms. Amrita Shrestha Ms. Sujata Shrestha  
Mr. Mahadev Choudhary  
Mr. Amod Misra Other:  
Mr. Binod Gupta Ms. Parami Dhakhwa  
Mr. Bhupendra Acharya

Dolakha PECC staff : Mr. Dhana Bahadur Thapa  
Mr. Bidhata Shrestha  
Mr. Ram Bahdur Dahal

**Period:** During 18 Nov to 20 Nov 2008, a surgical eye camp was conducted at Dolakha Lions Primary Eye Care Center. Information dissemination regarding camp's schedule was through radio announcements, pamphlet distribution, information to health post & local organizations.

**Location:** During the camp, the PECC premises was used for vision screening, OPD, preoperative procedures (preparing patients for surgery), surgery, refraction, medicine sale and optical sale. Accommodation of eye camp team was arranged at the lions building. It was on the same premises of the Primary Eye Care Center.

**Human Resources:** Volunteers took the responsibility for registering the patients, managing the crowd, guiding patients between one room to other as required, taking the visual acuity of the patients, giving regular eye drops to pre operative patients, managing mats for the operated patients to take rest and spend the night. LEI staff were in charge of examining OPD patients, preparing patients for surgery, doing refraction, making glasses and selling / distributing glasses, doing surgery and taking care of post operated patients and counseling. PECC staff's were doing the clinical work as well as managing the eye camps.

**Every day progress:** On the first day of the camp 414 registered their name for eye examination. Total of 200 patients could be examined that day, 24 cataract surgeries and three minor surgeries were done. On the second day additional 131 patients registered their name, of them 223 patients were examined (it includes patients registered the earlier day as well), 30 cataract surgeries and two minor surgeries were done. On the final day 35 patients registered their name, 69 patients were examined 31 cataract surgery and 2 minor surgeries were done. **In total 580 were registered, 492 patients were examined, 85 cataract surgeries (3 bilateral) and 7 minor surgeries were done.**

**Information of eye camp:** During this camp effort was made to find out the best method of message transformation of eye camp. Every patient was asked how they knew about the

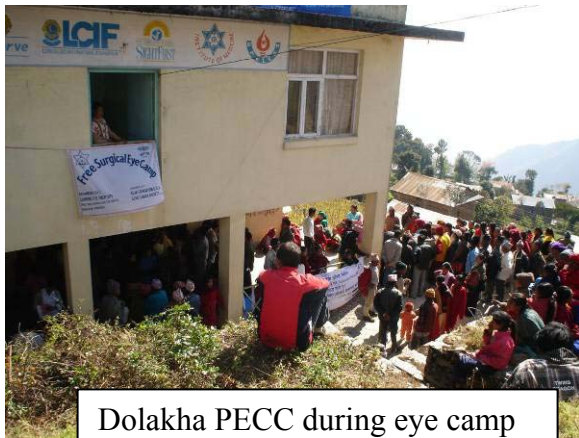
camp. Of the total 580 interviewed 501(86%) said that they got the information of eye camp through announcement in F.M, 36 (6%) got informed by the poster/pamphlets, 30 (5%) were informed by relatives and neighbours and the remaining 13 (2%) got informed by the Hospital/ health posts. It was clear that radio announcement was the most effective way of passing information.

**Patient range:** Patients of all age visited for eye check up in the camp. Mr. Madhav Mani Rajbhandari land donor of the PECC also visited eye camp for his eye checkup. People walked for hours and some even for days to have their surgery done.

**Unusual incident:** For the first time in the history of LEI, IOLs were insufficient in eye camp. There were more surgery cases than expected. Couple of IOLs (15) had to be transported while the camp was still going on. Luckily despite strike on the road to Dolakha IOL could be transported and implantation were done smoothly within the eye camp duration.

**Role of Seva Foundation, Local organizations, LEI and PECC:**

SEVA has made substantial contribution by bearing the cost of transport, per diem to LEI staffs during the eye camp and accommodation for the LEI team to and from the camp. It also covered the cost of radio announcement about the eye camp schedule & pamphlet distributions. It was all arranged by the PECC staffs. Indian Embassy covered the cost of supplies for the surgery. LEI provided technical support and sent a team of experienced professionals for efficient conduct of the camp. The PECC staff co-ordinated with the local organizations, they recruited volunteers and provided co-ordination support to the LEI team. The LEI team worked very hard and managed to overcome all hurdles from the difficult roads to managing the post-op night rounds on all camp days. The result of its commitment could be seen in the smiles of the happy patients. Local organizers, provided volunteers, welcomed the surgical team, managed the eye camp and also did a closing ceremony to thank the eye camp team members. They were very supportive and they thanked the whole team for taking care of the people there.



Dolakha PECC during eye camp



Registration



Operation Theatre



Eye Camp team with local organizers

### HUMAN STORY

**Gopal Bdr. Tamang:** Male age 53. Gopal a retired policeman came to the eye camp as a blind person. He had no vision in his right eye and his left eye vision was 1/6. After retiring from the job he worked in farm to earn his living and support his two kids who were studying. Slowly he started to lose vision. When he came to the camp he could hardly see anything. Still he did the work of farming with great difficulty. One of his worries was that he could not identify people. Like most of the people who had surgery in the camp Gopal's also got one of the best results after the surgery. His vision in right eye was 6/9 and his left vision was 6/6. Obviously he was very happy with the surgery. He was very thankful for the PECC and the eye camp team. He said that his life would be so much easier now. He would work well and he could recognize people. After surgery we could see that Gopal was talking to different people. He was showing ways to patients to inform where to go (which room they should go). Like Gopal in the Dolakha camp, three bilateral blind cases were operated and all of them had wonderful results.





**Indra Maya Sapkota:** Female age 74. Indra Maya suffered from vision loss about six months ago. She visited the Dolakha PECC at that time. She was suggested to have an eye surgery. For that she had to travel to Kathmandu (five hours drive). She lived with her daughter who had a small child. She could not leave her small child to take her mother to Kathmandu and spend few days. So Indra thought it was best for her to wait for the eye camp. For six months she could do hardly anything by herself as both of her eyes had poor vision. This time she came for the surgery. She is happy that after surgery she would be able to see and take care of her granddaughter.

**Ariman Thamling(M)** of Lapilang age 83. He was carried by his son for the eye camp. It took them whole two days to reach there as they have to bring him very slowly.



Before surgery



After surgery

**Chandra Kumari (F)** age 79. Chandra Kumari was carried to the eye camp sight by his son in law. His son does not live with her. She was at the eye camp for the right eye cataract surgery. She thinks that if she is able to see again she could still do household work to help the family.



**Kaushalya (F)** age 65 came to the eye camp with her daughter in law. Her son works in foreign country. She could not go for the surgery as advised earlier as it was not possible for her daughter in law to leave the house only with the kids and go out to Kathmandu and spend couple to days. She is happy that she could have her eyes corrected in her own place.



**Durga Bahadur Magrati:** (M) age 56: Couple of years ago Mr. Magrati of Sun Khani, had her left eye cataract surgery done in Nepal Eye Hospital in Kathmandu. Currently he had cataract in his right eye as well. So, he came for his surgery in his own place. He is happy that he don't have to go to Kathmandu to do surgery for his other eye. He came to the camp with his 18 years old son. It was surprising to see his son. He looked very young. The boy then further informed that he was diagnosed as a diabetic patient and that has caused to stop his growth. The boy was now under medication and is studying.



**Comparative report of VA Pre-op vs. Post-op  
Dolakha Eye Camp**

<b>Pre-op</b>	<b>&lt;3/60</b>	<b>&lt;6/60 - &gt;3/60</b>	<b>&lt;6/18 - &gt;6/60</b>	<b>&gt;6/18</b>	<b>NA/Missing</b>	<b>Total</b>	
<b>Post-op</b>							
<b>&lt;3/60</b>	2	0	0	0	0	2	2.35%
<b>&lt;6/60 - &gt;3/60</b>	0	0	0	0	0	0	0.00%
<b>&lt;6/18 - &gt;6/60</b>	5	0	0	0	0	5	5.88%
<b>&gt;6/18</b>	62	12	3	0	1	78	91.76%
<b>NA/Missing</b>	0	0	0	0	0	0	0.00%
<b>Total</b>	69	12	3	0	1	85	
	81.18%	14.12%	3.53%	0.00%	1.18%		

THE END